



7th Annual Matthew's Turkey Trot 5k Chicken Run 1k & Bone Marrow Drive

♥♥♥To benefit Matthews Holiday Toy Drive for Children battling Cancer♥♥♥

Saturday, November 14th, 2015

West Harbor Memorial Park, Bayville, New York 11709

Pre-registration: \$25.00 (prior to November 12th) free t-shirt for the first 150 to register.

By mail: Matthew Fetzer Foundation P.O.Box 1362 Bayville, New York 11709.

Day of race: \$35.00 registration begins at 7:30am

Please make checks payable to: **Matthew Fetzer Foundation**

Save time register online at FLRRT.com

Start and finish: West Harbor Memorial Park (flat 5k elevation 4ft- 8ft)

Race Route: USAT&F Certified (km 3.107)

Sanctioned USATF

☆☆☆Race Management by Finish Line Road Race Technicians www.FLRRT.com ☆☆☆

Chicken Run 1k for kids:\$5.00 *** includes award & goody bag...starts at **9 a.m.**

☆☆☆**1k Awards:** Top 3 Male & Female Chicken Runners receive medals☆☆☆

Turkey Trot Turkey Trot 5k run starts at 9:45 sharp!!!

5k Metals: Top Male and Female overall

Top three Male and Female in each of the following age groups: 12 and under; 13-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49;

50-54; 55-59; 60-64; 65-69, 70+; 80+; physically challenged

☆☆☆ First 5k Male & Female overall receive a frozen turkey!!!☆☆☆

Post-race activities: Awards, refreshments, soup, bagels, fruit, giveaways and 50/50 raffle.

☆☆☆Please no roller blades, skates, bicycles, baby joggers, strollers, pets☆☆☆

Matthew's Turkey Trot 5k run & Chicken Run November 14th 2015

FIRST NAME: _____ LAST NAME: _____ AGE: _____ SEX: M/F _____

ADDRESS: _____ TOWN: _____ STATE & ZIP _____ BIRTHDATE _____

EMAIL: _____ PHONE# _____ PHYSICALLYCHALLENGED: _____

The undersigned does hereby acknowledge that he/she is aware of the risks of running a 5k &/or 1k, but is willing to accept all risk and hereby represents and warrants that he/she is in good physical condition and has had significantly trained for the completion of the run. I hereby release the County of Nassau, Village of Bayville and the Matthew Fetzer Foundation for the Turkey Trot 5k/1k on November 14th 2015 from any & all injury and liability that be may sustain as a result of my physical condition &/or all falls &/or any injuries I sustained. I hereby grant permission for the use any videos, photographs, recordings &/or any other record of this event for any purposes whatsoever.

Signature (parents must sign if under 18)

Date:

♥♥♥ Please feel free to bring a donation of a **NEW TOY** or a **GIFT CARD** for
'Matthew's Holiday Toy Drive for Children battling Cancer'♥♥♥

☆☆☆For further information contact Ann Fetzer 516-695-5137,
Matthew Fetzer Foundation on facebook or at <http://bayvilleny.gov/> ☆☆☆



MATTHEW FETZER FOUNDATION 501-C3 NON-PROFIT

